



**T Hotel** is a recently built four star Design hotel, in the centre of Cagliari, located only 8 km from the city's airport and easily accessible from all major routes.

**T Hotel** is the ideal venue for those who wish to have everything at their fingertips: monuments, history, events, shopping, nature and the sea. The hotel is located in the very heart of Cagliari, in piazza Giovanni XXIII, at only a stone's throw from: the Municipal Theatre with its impressive programme, right in front of the hotel; the Castello area with its Pisan towers and museum complex; the main streets lined with shops and artisan crafts workshops; the ancient Roman amphitheatre with its summer calendar of open-air shows and concerts; Via Roma, the extraordinary port-side promenade; Poetto, the long stretch of sandy beach.

In **T Hotel** the rooms have been designed to impress, tranquilise and pamper the guests. Thanks to the interior design by Marco Piva, harmony is combined with practicality to provide accommodation of marked impact and comfort.

**207 rooms: Classic, Deluxe, Business Suite, Suite, T Junior and Executive Suite**, arranged throughout the main hotel building and in the spectacular 15 floor tower with its breathtaking panoramic view. Depending on the wing of location, rooms are themed on a prevailing colour: vibrant orange, fiery red, relaxing green and tranquil blue. All rooms are completely soundproofed and equipped with safe, individual air conditioning controls, TV SAT, Video on demand, Pay TV, minibar, fast internet connection. Rooms available for the disabled and anti-allergic.

T Hotel has two restaurants open to hotel guests and to the public: a main restaurant to seat 98 guests, a bar bistro to accommodate 50 people and a 270 setting banqueting hall.

**T Restaurant** with its refined Mediterranean cuisine and wholesome traditional dishes. Open every day for dinner from 7,30 to 10,30 pm. Chef Massimiliano Balia.

**T Bistrot** offers a Menu of the Day with Mediterranean dishes and a tasty snack menu with sandwiches, salads and sweets. Open every day at lunchtime from 12,30 to 3pm.

**T Bar** for pleasurable moments of leisure enjoying a relaxing view over the winter garden surrounded by water effects.

**T Conference** Centre includes a main hall with 300 seats and 6 meeting rooms, all with natural daylight, equipped with up-to-the-minute audio and video technology, simultaneous translation booths, control room, business centre, Internet and WI-FI-wireless connections for video conferences.

**T SPA** Wellness Centre with its vast hydromassage pool and 6 hydromassage pathways, Turkish bath, emotional showers, chromotherapy and aromatherapy, and a vast choice of European and oriental massages and face and body treatments using CARITA beauty products, a line of the Shiseido brand.

The Fitness Area is fully equipped for cardiofitness workouts with a treadmill, bike, elliptic equipment, and abdominal boards.

Both provide the perfect opportunity to pamper your body in an elegant soothing environment aimed at heightening your sensation of relaxation and tranquillity in a peaceful dedicated area.

Use of the SPA is complimentary for guests booking accommodation in Suites, T Junior and Executive Suites; discounted rates for guests staying in Classic and Deluxe Rooms. Entrance of young people under the age of 18 is permitted only from 9.30 to 11 am.